

BREAKFAST MENU

Continental Breakfast

Freshly Squeezed Orange or Ruby Grapefruit Juice
Fresh Melon - Fresh Fruit Salad - Ruby Grapefruit Segments
Fresh Strawberries – when in season - Various Poached Fruits

Dried Fruits, Nuts, High Fibre and Assorted Cereals
Yoghurt - Fresh Fruit Basket

Continental Meats and Cheese Platter

Selection from Baker's Basket
Granary and White Toast
Homemade Marmalade - Cornish Honey – Preserves

Selection of Teas

English Breakfast	Assam	Camomile
Darjeeling	Earl Grey	Lemon
Lapsang Suchong	Decaffeinated	Peppermint
Mixed Fruit	Green	Jasmine

Cafetière of coffee or hot chocolate

*Continental breakfast may be served
in your room without charge*

English Breakfast

In addition to the Continental Breakfast the following items are cooked to order:

Porridge, Cream and Brown Sugar

The Nare Full House

Any combination of the following:

Grilled Farmhouse Back or Smoked Streaky Bacon,
Cornish Pork Sausage, Tomato, Field Mushrooms,
Black Pudding, Hogs Pudding, Fried Bread,
Grilled Lambs' Kidneys,
Free Range Eggs – Boiled, Fried, Scrambled or Poached
Scrambled Eggs and Smoked Salmon with Brioche
Eggs Benedict
Cornish Cured Kipper
Cornish Smoked Haddock
Traditional Kedgeree

*English breakfast may be served
in your room for a small service charge*

TheNare

The country house hotel by the sea