

# The Natter

Annual Newsletter  
Autumn 2019



SMALL  
LUXURY  
HOTELS  
OF THE WORLD



*The Nare*  
The country house hotel by the sea





## Introduction...

Friends, Romans, Countrymen lend me your ears - or perhaps your specs - *no this is certainly not the start of the latest West End murderous political satire* - but more a celebratory announcement from the western end of England to say that The Nare has at last been awarded 5 stars by the AA in our family's 30<sup>th</sup> year of ownership and Mrs Burt's 60 years of loyalty. I am pleased particularly for Matthew Voyle, the General Manager, and his team who have worked hard for their achievement. My late grandmother, Bettye Gray, would be doubly proud as The Headland Hotel, owned by her son, has also been awarded 5 stars. Admittedly this 5 star malarkey has also been a personal ambition of mine for a couple of decades, alongside our strategic plan of improving the site. We started last year with the building of the recycling yard in the top field - known as the Watch House for obvious panoramic reasons. Though I confess staff initially nicknamed it the 'Escape Lane' after an enthusiastic engineer's miscalculation and an over-supply of car park gravel disabled even the gardeners' old truck - the frontend spinning so that the back wheels left the ground.

For our Pearl Anniversary I thought it would be amusing to hear some words of wisdom and anecdotes from those who remember the Nare over the last 30 years. I settled down at the cocktail bar late one

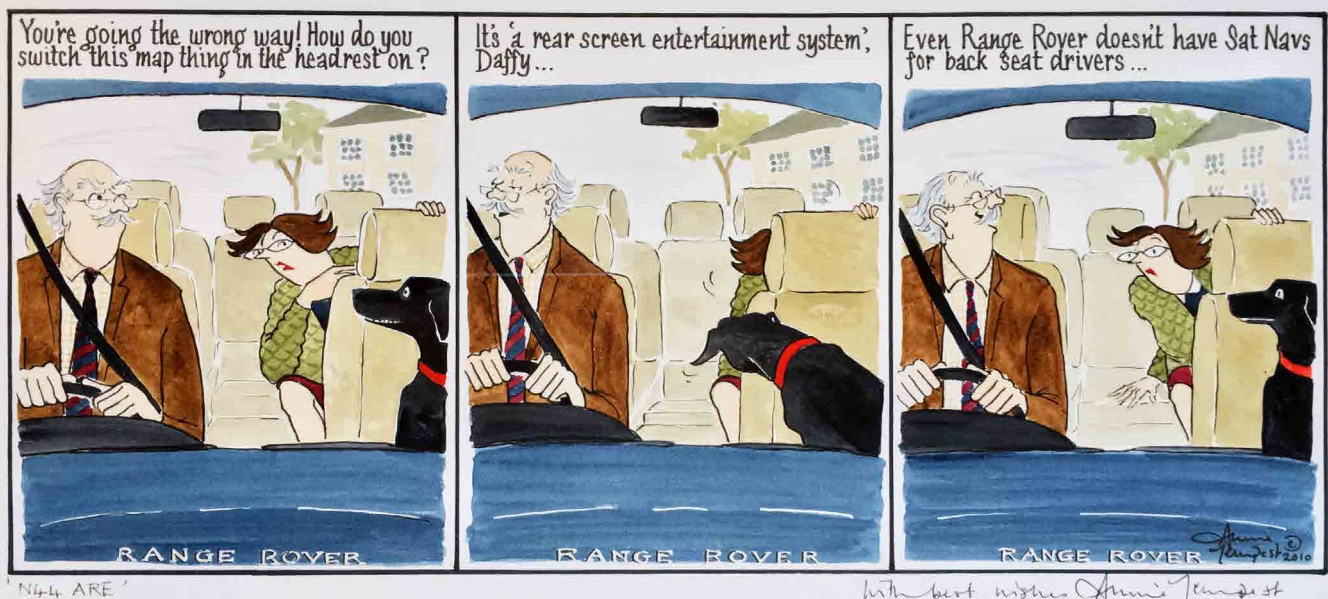
night with Ken and a glass of port, or two, and listened. The very full account is on our website, but here in The Natter follows an extract alongside a couple of others. There is also a request for guests, who may have stayed over the years with their grandparents, to share their memories and a chance to be rewarded with some pearls.

Friend of The Nare and renowned cartoonist Annie Tempest has helped bring to life our latest recruit - George the Nare's online butler - though thankfully he has not yet passed muster to chauffeur the new Range Rover. Not until Range Rover overcome Daffy's back seat driving skills would this technology be introduced. So I think the concierge team are still safe looking after our guests' comfort for a few years to come.

So if you do fancy a short autumn respite away from the nation's Caesarean political extraction I can thoroughly recommend one of our Traditional Four Day Breaks. I welcome you warmly.

With best wishes,

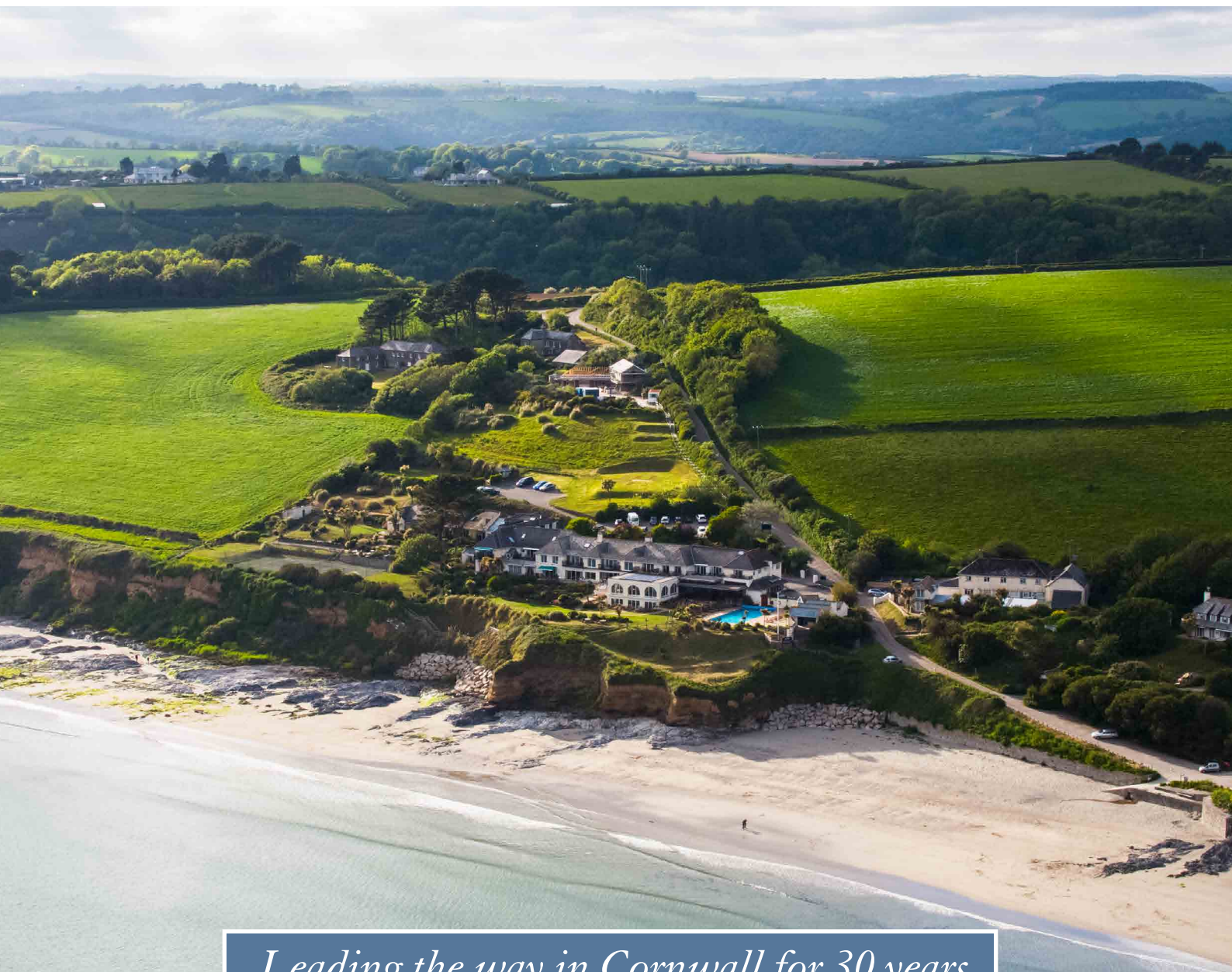
*Toby Burt*





# *5 stars and a Pearl Anniversary*

2019 is a milestone year for The Nare. The hotel is celebrating a Pearl Anniversary – 30 years of family ownership – and the award of 5 stars by the AA, a first for Cornwall.



*Leading the way in Cornwall for 30 years*

Looking back to when The Nare reopened in 1989, Cornwall was a very different destination than it is today. The county was known for bucket and spade holidays primarily for those on a lower budget, and the vast majority of the county's hotels were far from luxurious. Bettye Gray's vision for The Nare was to provide upscale luxury and elegance hitherto unknown not only in Cornwall but the south west. The hotel appealed to more discerning guests and quickly became renowned as a very comfortable traditional country house hotel. In the late 90s a few new hotels opened in Cornwall in response to The Nare's ground-breaking success, yet none bettered its AA 4 star rating.

Within a few years after Toby Ashworth had taken the reins at the turn of the millennium, The Nare became the first Cornish hotel to be invited to join Pride of Britain Hotels - an exclusive collection of 50 of the finest privately owned luxury hotels in Britain - and then shortly after that the only hotel in the county to be awarded 4 AA Red stars. Two gratuitous awards followed - Best Seaside Hotel of the Year by the independent Good Hotel Guide and Pride of Britain Hotels' Hotel of the Year.

The Nare's hallmark of comfortable, unaffected charm and luxury was being recognised internationally and the hotel was approached to join Small Luxury Hotels of the World. Indeed today The Nare remains the only member in the south west. In 2019, as a 5 star hotel, The Nare continues to lead the way in Cornwall and is considered to be one of the most comfortable country house hotels in the British Isles.

One can read more about the AA star rating scheme at [www.narehotel.co.uk/stars](http://www.narehotel.co.uk/stars).

# Staff milestones in 2019...

The Nare's family of loyal long-term staff have been a key ingredient in the hotel's success and a few are celebrating milestones of their own this year. Mrs Burt (Director), Ken Cracknell (Head Barman) and Liz Kingdom (Head Housekeeper) were each asked to share how they came to work at The Nare and some fond and funny memories from the last 3 decades. Extracts from each follow below with the full accounts available on the website.

## *Mrs Burt has been working for the family for a remarkable 60 years...*

This interview was recorded in quiet dulcet tones by Cordelia Ashworth (CA), who is Bettye Gray's eldest great granddaughter (15), and the respectful gentleness of Daphne Burt (DB). She quite correctly refers to Mrs Gray throughout the interview as "your great grandmother", but Cordelia uses GG as she is affectionately known by her great grandchildren.



[CA:] So 1st Jan 2019 saw you mark 60 years since you started working with my great grandmother; but may I start by asking you what your childhood was like? Was it in Cornwall?

[DB:] I am Cornish born and bred. I lived in a village 7 miles out of Newquay. At the age of 12 I won a scholarship to what was then the Grammar school in Newquay and travelled by steam train every day.

[CA:] How cool – I wasn't expecting that!

[CA:] How did you come to work with GG at The Edgcumbe Hotel in Newquay, and had you had any experience in hotels prior to this?

[DB:] I did a secretarial course at 17 and a half and then got a position in Truro in the office of a big family firm called Jennings, an upmarket grocery store, in Victoria Square which used to supply all the hotels in the Cornwall area. Then I got an office position with the Western National Bus Co. in Newquay and then one day saw an advertisement for a receptionist in an hotel – I thought this sounded interesting. The Edgcumbe was being rebuilt during that winter so I was interviewed in December at the old family home where your great great grandmother, Livy, was living. I nearly didn't get the post because she learnt I lived in a caravan and thought I must have been a gypsy. But I knew a lot about tax and wages, and your great grandmother had been stung by the Inland Revenue the previous year for dishing out bus fares to the staff to get to work – you see you weren't allowed to just pay them cash. I think it was on the back of that I got the post. I started on 1st January – of course there was no bank holiday in those days!

[CA:] Really!

[CA:] What was your first impression of The Edgcumbe in those early days? Are there any funny stories you can share?

[DB:] When I turned up on the 1st January I knew that the temporary office was in a 1st floor bedroom, but I had to ask the builders how to get in – the ground floor was gutted; "maid, you cann't get in 'ere, you be better climb the ladder and thro' the winda." And so in your great grandmother's book there is a cartoon of me climbing the ladder in high heels and through a first floor window...

...The Edgcumbe was a different world. I was very naive about hotels, I hadn't even stayed in one, and in those days all the post came

by letter. There were neither computers nor the internet. Everyone would write a letter saying they wanted to stay and I simply put them in the booking chart, not quite realising that they had written to every other hotel as well. I hadn't quite appreciated it was not a proper booking until you received a deposit. The chart looked wonderful, I had put them all in neatly hand written in pencil, and I very nearly got the sack! They were merely enquiries not bookings.

[CA:] You started as a receptionist but was your goal always to become General Manager?

[DB:] No not really, I just wanted a job that was interesting and wasn't bored with.

[CA:] Well, even I know it's never boring in a hotel.

[DB:] I found it completely fascinating and after a few years your great grandmother told me that a friend had told her "That girl is always on your side. She has her eyes open and will let nothing get past her, and if you nourish her she'll go far."

[CA:] And you have!

[DB:] And that is what happened.

[CA:] Quite a success story...was it an easy journey then?

[DB:] I was always a leader at school, captain etc and later when I was much older my brothers told me their nickname for me was 'Bossy Breeches'.

[CA:] Loving older brothers!

[DB:] I just liked organising people and things.

[CA:] So you're quite well suited for this then?

[DB:] Yes! [- long sighing laugh of recollection].

[CA:] Has Cornwall changed much over the years as a holiday destination? The Nare's market is very luxurious. Was it always like that?

[DB:] In the war years there were a lot of troops. All these chaps thought Newquay was a wonderful place and when de-mobbed they brought their families back to Cornwall.

[CA:] Ah! Free marketing then.

[DB:] I honestly believe that's how Newquay got its reputation after the war and before we saw it going downhill a bit in the 80's when cheap flights abroad became available to all.

[CA:] What was your reaction when, in her 70's, GG told you she was going to sell The Edgcumbe and purchase The Nare?

[DB:] Well I knew all about it. We had got on extremely well together as a team. Your great grandmother said let's get out of here [The Edgcumbe] and we both had a look around Cornwall, and we came here [to The Nare] and had dinner one evening. If only we could have The Nare, but it wasn't on the market. Then she rang me one day and said "you'll never guess what!" Somehow I guessed...I said "The Nare's on the market?" "Yes it is, and we're going to have it."

[CA:] Sounds though you were quite eager to move but did you have any trepidation?

[DB:] No, absolutely not! - but I had a husband and two sons and we had to move out of our home in a flat at The Edgcumbe. When your great grandmother [told] asked me "You will come with me won't you?" I did say..."but I'll have to ask my husband"...and to him I said "what do you think?" He was lovely, a true Cornish Gentleman, he replied simply "whatever makes you happy", so we moved here.

[CA:] Was it much of a change moving to the south coast and The Nare?

[DB:] It was entirely different because the intention from the start was to make The Nare an upmarket and very comfortable hotel; as if you were welcoming guests into your own country house...

*Continue reading the interview with Mrs Burt on the website - [www.narehotel.co.uk/journal](http://www.narehotel.co.uk/journal)*



## Ken Cracknell celebrates 40 years as Head Barman...

One night after dinner Toby Ashworth settled at the bar with a glass of port and asked Ken a few questions on his time at The Nare...



[TA]: What is your favourite memory from the last 40 years?  
[Ken]: When being introduced to the Countess of Wessex she whispered something to me that never came out in public!

[TA]: When Mr and Mrs Gray arrived inevitably they were going to make some improvements to The Nare. Which one did you most admire?

[Ken]: There were so many little changes, it is hard to remember... but she made it very clear to all, that she wished to make The Nare

the most comfortable hotel in Cornwall. In my opinion Mrs Gray achieved that aim admirably, and I considered her a very dear friend, because you could tell her anything. One day she gave me a present of a door mat with the words "Never mind the dog, beware of the owner!" She really didn't need it herself.

[TA]: Thank you Ken, but that wasn't quite the question...so perhaps then...in your opinion, what has changed most at the hotel over the last 40 years?

[Ken]: The standard of service. For example there was no bar-waiter or room service – you simply had to come up to the bar and collect your drinks yourself, unimaginable today.

[TA]: In contrast, what do you think remains unchanged?

[Ken]: The Nare always, as long as anyone can remember, has had a fabulous atmosphere from guests and staff alike - and that has never changed.

[TA]: What is it about The Nare that has kept you working at the hotel for the last 40 years?

[Ken]: Well I grew up around here and it is home to me. Veyan is my home and so I am very connected to this area. Mrs Gray recognised this in the first brochure with a quote "Ken the popular cocktail barman is well known to many regular guests". Things haven't changed much.

[TA]: What has been your most unusual request from a guest?

[Ken]: Well really now...I don't think I could possibly answer that one!!! Not truthfully, anyway. We have to be discreet you know.

[TA]: What question are you most often asked by guests?

[Ken]: How's Dougal? (my beloved Shih Tzu)...

*Continue reading the interview with Ken on the website - [www.narehotel.co.uk/journal](http://www.narehotel.co.uk/journal)*

## Liz reaches 20 years working in several departments...

One sunny afternoon in late August, Julie Johns (JJ) sat down with Liz to reflect on her experience of working at The Nare and how things have changed since starting in the kitchen as a teenager...



[JJ]: So Liz, you have been working at The Nare for 20 years now, but how did you first come to know of the hotel?

[Liz]: Well I was born in the area, and lived most of my life in Veyan so I knew of The Nare from quite a young age. Also my father was employed as Restaurant Manager when I was about 10. I started to work at the hotel at about 13 years old, just during the school holidays. I started in the kitchen, making toast and tea at breakfast and in my second year I was trusted to waitress in the Dining Room – aged 14 – that was the 1970s, so things were a bit different back then.

[JJ]: And then you returned some years later?

[Liz]: Yes, in my late 30s I went back to waitressing in the Dining Room.

My father had since retired and the hotel was now owned by Mr and Mrs Gray, and Mrs Burt was the General Manager. I also worked in the pastry room, which I loved the challenge of. I was actually instrumental in introducing a wider variety of homemade cakes for Residents' Afternoon Tea. Back then there were only two types - a fruit cake and a Madeira cake, which was either vanilla, chocolate or coconut. After a couple of years I said to the chef, 'how do you feel if I make a plain Victoria sponge?' He said 'Go for it!' After that I started to introduce many different types of cakes.

[JJ]: What do you remember about Mrs Gray?

[Liz]: She was a lovely lady and one I had huge respect for. She certainly had an aura about her and yet at the same time she was so very friendly. She certainly knew what she wanted though...I always remember the time she asked for 4 chips with her dinner and when her plate arrived with 10 she sent it back saying, 'I only asked for 4 chips'. That was how she was with everything - what she said she wanted was exactly what she wanted, and it was best to give her nothing else.

[JJ]: After 11 years you left to take up the role of Food and Beverage Manager at a local retirement village, and then returned 7 years later to become Head Housekeeper. How did that come about?

[Liz]: Yes. After those years away I decided I wanted to return because I had missed the place so much. Thankfully Mrs Burt remembered me. At the time the hotel needed a Head Housekeeper and Mrs Burt thought I would be a great fit. I hadn't done any housekeeping at that point and I hadn't a clue what was involved. I inherited a well-established team though and they quickly showed me the ropes.

[JJ]: Did you notice any changes when you returned?

[Liz]: The one thing I did notice was that the bedrooms were larger and there were more suites. It felt like coming home to be honest and because I knew so many of the staff it made the transition easy. When you walk in somewhere and don't know a soul it can be quite daunting. It might sound silly but it felt very comfortable straight away...

*Continue reading the interview with Liz on the website - [www.narehotel.co.uk/journal](http://www.narehotel.co.uk/journal)*

## Celebrating 30 years with 3 generations...

There are many guests who regularly choose to holiday at The Nare with several generations of their family. With such a great position and an extensive range of leisure activities, there is plenty of fun for children, whilst the stunning sea views, peaceful setting, and comfortable accommodation is just what is needed by parents and grandparents alike.

Once overheard at The Nare, a grandmother to her granddaughter recalled "You know, when I was growing up there was an Austrian born dancer and actress called Tilly Losch, and she used to say: 'Always have a good little black dress, pearls and stay in the best hotel, even if you can only have the worst room.'" These words of wisdom chime well with The Nare's Pearl Anniversary - 30 years of the family's ownership. To celebrate the Pearl Anniversary there is a request for guests to share their own *Pearl Memories* of:

### *"When I stayed at The Nare with granny I remember..."*

As a means of a little encouragement to send in memories, The Nare has commissioned Cornish jeweller, Emily Nott-Bower, to create a set of bespoke pearl jewellery to be given to the best anecdote as a thank you. The set (see below) includes a *Pearl in oyster shell* necklace, earrings and cuff links. The hope is that granny will then pass them on to future generations as her own pearls of wisdom.

**TO ENTER:** Please send a brief account of your *Pearl Memory* to [memories@narehotel.co.uk](mailto:memories@narehotel.co.uk) before 1st December 2019. Entries



are to be from those that have stayed at The Nare with their grandparents, grandchildren, or several generations of their family. Images are a welcome enhancement. Please provide names to be published unless you wish to remain anonymous. Permission to use memories in The Natter, eNatter and on The Nare's website will be assumed unless stated otherwise (no pearls without permission!)

*The Nare is proud to have received a further gratuitous award from the highly respected and independent Good Hotel Guide. The Editor's Choice for Families Award is a fitting accolade as The Nare celebrates 30 years with guests of 3 generations.*

## Hand-made jewellery inspired by the Cornish coastline

She Sells Seashells is beautiful silver jewellery hand-made from casts of shells and inspired by the Cornish coastline. The Nare commissioned a bespoke set of pearl earrings, cuff links and a necklace, which were cast from an oyster shell found on Carne Beach. This set will be given as a thank you for the best memory of "When I stayed at The Nare with granny I remember..." as outlined above.



### *About the designer*

She Sells Seashells jewellery is designed and made by Emily Nott-Bower. Emily's love of the Cornish coast was instilled in her from a very early age. As a child she spent many hours combing beaches for the most interesting shells, searching for the elusive cowrie or looking in warm rock pools for shrimps and fish. Emily decided to incorporate her love of the coast into jewellery and completed a Silversmith course in London, before returning to Cornwall to start her jewellery collection.



### *Bespoke jewellery for guests*

Guests may order unique pieces of silver jewellery made by Emily cast from shells they find on Carne Beach. Recently a grandfather commemorated a significant family holiday with a shell his granddaughter found on the beach. He had it cast in silver and gave one to each of his grandchildren as a keepsake memory of their holiday together at The Nare.

**i** Casting a modest size seashell costs approximately £50. Necklaces, earrings and cuff links are typically £75 each. For more information visit [www.narehotel.co.uk/shells](http://www.narehotel.co.uk/shells)



## *A fitting place for a centenary...*

In May The Nare played host to a special visit from Benjafield's Racing Club. Ten vintage Bentleys travelled in convoy from as far as Norwich to celebrate 100 years of Bentley.

Benjafield's Racing Club is a tight-knit group of pre-war Bentley



enthusiasts that came together in 1990 around a deep appreciation and admiration for the 1920s to early 1930s "Bentley Boys". The club is all about upholding the attitude and spirit that made the Bentleys such successful racing cars in their heyday and celebrating the style of living that made the whole time so memorable - the parties, camaraderie, and an insatiable love for what were at the time, the most advanced racing cars around.

During their stay the Bentleys and their owners visited attractions across the county including The Minack open-air theatre - built high into the Cornish cliffs - numerous historic castles, Cornish gardens, and local vineyards.



## *The Nare looks as fresh as ever...*

There have been gentle refurbishments taking place around the hotel over the past year. Katie Ashworth and Julie Johns have been hard at work creating elegant new designs for some of the hotel interiors, many of which feature fabrics and wall coverings from royal warrant holder, GP and J Baker. There are also some inspiring lamps and shades from Cotswold manufacturer, David Hunt Lighting, and other furnishings made entirely from recycled materials by Weaver Green. Areas that have been redecorated include the cocktail bar, hotel corridors, the Lemoria cottage, as well as several other bedrooms and suites.



## *N44 ARE gets a partner...*

An additional Range Rover has been acquired to meet the increased demand for The Nare's unique door-to-door chauffeur service.

Guests that take advantage of this service can relax into holiday mode before they arrive at the hotel. The stress of traffic and the best route need not be considered - simply sit back, soak in the views, and enjoy a luxurious and comfortable journey to the hotel. To break up the drive, The Nare can arrange for a suitable stop for lunch or a place of interest on route.

The chauffeur service can also be booked for full and half day visits to enjoy pretty coastal villages, gardens and other places of interest in Cornwall.

A Nare chauffeur can meet guests at Truro train station or Newquay airport by prior arrangement. There is no charge for this courtesy service.



## A boot room fit for a country house...

The Nare has collaborated with The Original Muck Boot Company to create a new boot room for guests. This elegant space has been designed in a classic country house style with antique hooks and furniture, which reflect the rest of the hotel's interiors.

There are several styles of Muck Boot wellies for guests to borrow and the boot rack is heated to ensure wellies are always warm. Guests can now walk the coastal

footpath, or the long sandy beach, without having to bring bulky boots from home.

The Original Muck Boot Company are considered to produce the most comfortable and robust wellies on the UK market. It was their focus on comfort that caught the attention of Toby Ashworth when looking for a suitable brand of footwear for The Nare's boot room.

Muck Boot have many lines for men, women and children, each with the same key strengths - they are breathable, comfortable, rugged, and practical.

As part of an exclusive partnership with Muck Boot, Nare guests can benefit from concessionary rates by using the following promotional code on the Muck Boot website: NARE19

For more information on Muck Boot wellies and to see the styles used in The Nare boot room please visit the following special page on the website: [www.narehotel.co.uk/muckboot](http://www.narehotel.co.uk/muckboot)

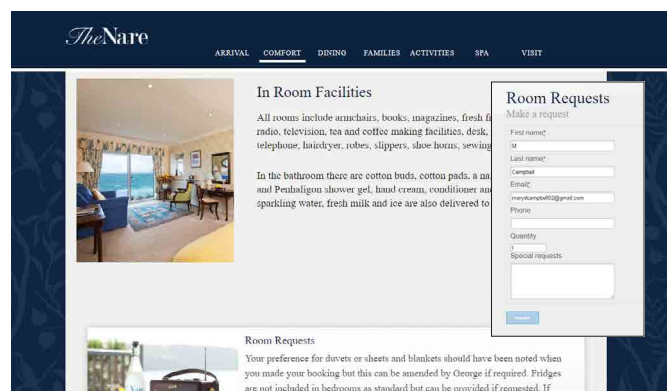
*The Nare also has a new Boot Butler service to help guests get the right style and size of Muck Boots to enjoy their coastal walk in comfort, and to wash wellies on their return.*



## George, be a darling...

The Nare has a new member of staff, who will be starting his employment d'rectly. George is The Nare's new virtual butler, who has been engaged to provide helpful information to guests before they arrive and to lend a hand with any special requests that might make their stay more comfortable.

George's online portal will enable guests to access a wide range of information at the touch of a button. For example there is information on; the best route to take when driving to the hotel, a list of the facilities and provisions included in each bedroom, the various dining arrangements, and much more. Special requests can also be made via George, whether for flowers in one's room, a stool for the shower, a favourite magazine, celebration cake, or booking the baby-sitting service.



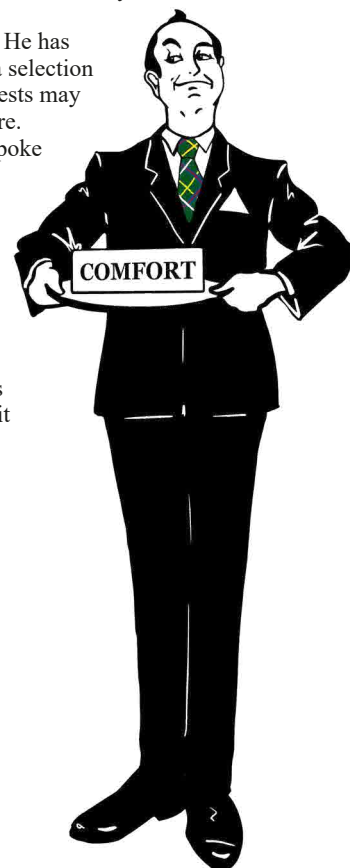
Let's be clear, George is simply not going to be replacing the wonderful ladies that prepare all of the details of one's booking, or the staff that serve guests so well during their stay. This is purely an additional service. It is considered to be an easy way to send multiple requests in advance, for things that may not have been considered

during the booking process. If one prefers to pick up the telephone or send an email, that option will of course, always be available.

George has another role however. He has worked tirelessly to put together a selection of activities and day visits that guests may wish to consider whilst at The Nare. There is more information on bespoke activities such as spa treatments, guided walks, boat sailings, sea fishing, art lessons, and much more.

George also makes it easy to book a specific activity, simply send him the request and he will pass it to the office to arrange. His list of recommended places to visit includes local gardens, galleries, castles, and more.

To take advantage of George's Butler Services, one must have an email address I'm afraid, such are the modern times we live in. This will allow George to send access to his online portal once a booking is made. A couple of further emails are sent out in the weeks leading up to one's stay, which contain featured seasonal activities and some helpful packing reminders.



*George was brought to life by renowned artist Annie Tempest, whose Tottering-by-Gently cartoons feature in Country Life each week - visit [www.tottering.com](http://www.tottering.com).*





Overlooking Gerrans Bay east of Nare Head

## Coastal walking at The Nare...

Cornwall is renowned for its stunning natural beauty and has 12 of the 34 regions in England officially classified as Areas of Outstanding Natural Beauty. In addition there are also 290 miles of the South West Coast Path that winds its way around every headland, estuary and cove on the Cornish coast. It is no surprise then that Cornwall is a fabulous place to enjoy coastal walks with spectacular sea views.

The Nare is situated in the centre of the Roseland's coastline and provides instant access to some of Cornwall's most beautiful walks. One can walk east up to Nare Head and on towards Portloe along dramatic and scenic cliffs, or amble west towards Portscatho and St Anthony's Head over flatter terrain – the views of The Lizard and up the Fal River from St Anthony's head are truly remarkable. There are also walks alongside the Fal River, along sheltered waterside footpaths, through woodlands and around mysterious hidden creeks. Here the paths are alive with birds, the river is bustling with life and a walk is always an adventure.

There are other spectacular sections of the Cornish coast path which lie further-a-field (see images below). The Nare has a trusted local guide and a private chauffeur service that make it easy to access any part of the Cornish coast path. There are walks to suit all ages and abilities and a route can be planned to include a lunch stop at a traditional Cornish pub. Alternatively the chef can make a picnic to be enjoyed in a secluded coastal spot.

The beauty of the Cornish landscape is even more impressive when enhanced by the colours of autumn. By October the summer's heat has gone and yet temperatures are noticeably kinder than other parts of Britain, thanks to Cornwall's mild maritime climate. After plenty of fresh air, the hotel's comfortable sitting rooms, log fires and afternoon cream tea make for a welcome return.

There are guided walks along different sections of the Cornish coast path taking place from 20th October until the end of November. Alternatively one may walk independently using the hotel's maps.



Kynance Cove (South Coast)



Camel Estuary (North Coast)



Cape Cornwall (near Lands End)



## Share The Nare this Christmas...

Nare gift vouchers are a easy way to treat friends and family to an experience at The Nare. There is a wide selection of vouchers to choose from including afternoon tea, spa treatments, Sunday lunch, wine & dine and full hotel breaks. Monetary vouchers are also available and may be used in any part of the hotel.

Vouchers sent in the post are presented in a luxurious envelope with a Cornish magnolia print. For last-minute or unexpected gifts, vouchers can be sent instantly by email or text message.

Visit [www.narehotel.co.uk/shop](http://www.narehotel.co.uk/shop) for more information.

# *Relaxing breaks at The Nare this autumn...*

## *Traditional Four Day Breaks*

For many years now The Nare has offered *Traditional Four Day Breaks* during the winter and spring seasons.

Stay four nights in luxurious surroundings overlooking Carne Beach and escape the hurly burly of life to unwind and relax in comfort. *Traditional Four Day Breaks* are available from 1st October until 30th April (excluding Christmas and New Year) and represent excellent value.

Please see below for various ways one can choose to enjoy a four day break over the coming months.

### *Coastal Walking*

October and November are a wonderful time of year to enjoy coastal walking at The Nare. Guests can take advantage of the new boot room and local chauffeur service (page 9-10).

**20th October to 30th November - Scheduled Walks:** Join other guests for a leisurely guided walk on the Roseland each week.

**16<sup>th</sup> - 22<sup>nd</sup> November - A week of guided walks:** Join other guests for leisurely guided walks on different parts of the Cornish coast path.

**Oct, Nov and all year** - Guests may book a private bespoke guided walk or walk independently using The Nare's walking maps.



### *The Ultimate Nare Break*

To celebrate 30 years of family ownership there is a new Ultimate Break, which includes all of the usual comforts plus door to door chauffeur travel from anywhere in mainland Britain.

This four day break also includes three special Nare activities. Choose from; a day on the water aboard Alice Rose, a day's hire of the Morgan sports car, a guided coastal walk, a private tour around a Cornish garden with the head gardener, a luxurious spa treatment, a lesson with the artist-in-residence, a bespoke espionage mission.

### *Friendly Rubber Bridge*

The Nare's four day *Bridge Breaks* are from 11<sup>th</sup> - 15<sup>th</sup> November 2019 and 3<sup>rd</sup> - 7<sup>th</sup> February 2020.

Friendly rubber *Bridge Breaks* are relaxed and convivial, and certainly not competitive affairs. One can decide from day to day how much to play, with the tea time and after-dinner sessions being the most popular.

Sally Hooper will be the hostess again, making sure guests who wish to play are being looked after and have partners to play with. Apart from being considered a useful player, she can dispense a few tips to those who request some guidance.







## *Wine tasting*

During the autumn through to spring, The Nare's series of pre-dinner wine tastings will be continuing. They are light-hearted, not too serious and yet still informative.

Wine tastings will be happening on the following dates:

November 2019: Thu 21st  
December 2019: Thu 5th

January 2020: Thu 30th  
February 2020: Thu 13th

They are entirely suitable for anyone who enjoys the odd glass of wine and give guests the opportunity to experience wines from across the world.

## *Christmas card writing*

Again this year, as Christmas draws near, the invitation for guests to write their Christmas cards from the warmth and comfort of The Nare beckons.

Curl up by a cosy fire with a sumptuous Cornish cream tea whilst you write your cards. The custom is for The Nare to stamp and post your handwritten cards to friends and family.

Charity Christmas cards are available at the hotel and the postage charges are covered by the hotel.



## *Driving the Morgan*

Experience the thrill of driving the hotel's classic Morgan 4/4 sports car during your stay.

Hire the car for a day to explore the countryside and scenic coastal roads across Cornwall and the Roseland Peninsula. There are several pre-planned scenic routes to choose from, along the north and south coast.

The Morgan picnic hamper, stocked with a delicious seafood picnic, can be strapped on the luggage rack to be enjoyed at a secluded coastal spot.

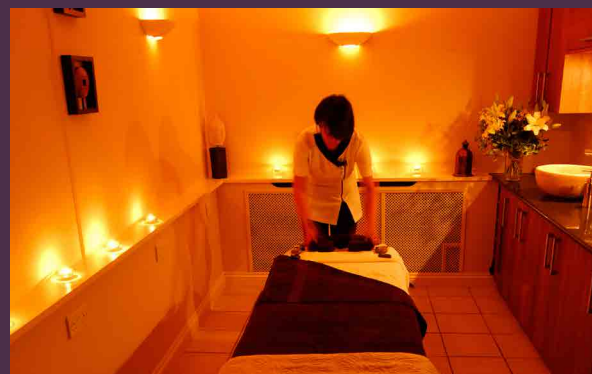
## *Relaxing in Carne Bay Spa*

A four day *Get Away From It All Break* is available from October through to April inclusive.

The Nare is a tranquil haven away from the bustle of life where you can be truly pampered. The ultimate way to unwind.

Located in a quiet corner of the hotel, Carne Bay Spa has two calming treatment rooms and a full menu of therapies.

Swim in the warm indoor pool, relax in the outdoor hot tub with the best view in Cornwall, or sit by the fire in comfort with a good book.



## Spring Garden Breaks in 2020

Cornwall has a mild sub-tropical climate and as a result Cornish gardens are considered some of the most famous in the world. The Nare is conveniently located for many of these beautiful gardens and a *Spring Garden Break* enables you to see these gardens at their very best. Visit in February and early March to see the flowering of the stunning Cornish magnolias as they announce the arrival of spring in Cornwall.

The Nare's four night *Spring Garden Breaks* are available from January to the end of April and include entry to three beautiful gardens from a choice of more than 10.

Additionally, guests may also book private guided tours with head gardeners at Caerhays Castle Gardens, Trewithen Gardens, Pinetum Gardens, and The Lost Gardens of Heligan.



Cornwall's Spring Story - the moment Cornish magnolias flower, spring has arrived in England - was founded by Toby Ashworth in partnership with the Great Gardens of Cornwall. It was in response to the fact that, by waiting until May, many garden lovers were missing the most splendid sight of all – the flowering of the magnolias – which occurred in February and March each year. In 2019 spring was announced on 28th February.

### Key dates for the diary...

#### October 2019

Scheduled walks: Once a week from 20<sup>th</sup>

#### November 2019

Bridge Break: 11<sup>th</sup> - 15<sup>th</sup>

A week of guided walks: 16<sup>th</sup> - 22<sup>nd</sup>

Wine Tasting: 21<sup>st</sup>

Scheduled Walks: Once a week

#### December 2019

Wine Tasting: 5<sup>th</sup>

Christmas House Party: 23<sup>rd</sup> - 28<sup>th</sup>

New Year House Party: 30<sup>th</sup> - 3<sup>rd</sup> January 2020

#### January 2020

Wine Tasting: 30<sup>th</sup>

#### February 2020

Wine Tasting: 13<sup>th</sup>

Bridge Break: 3<sup>rd</sup> - 7<sup>th</sup>

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